Older and Younger Generations to Live Side by Side in Historic Landmark

Younger and older generations have much to offer each other, but few opportunities to connect. Yet, older generations love the enthusiasm of youth, while the young are drawn to older adults’ humor and experience.

A unique new living option for older adults in transition will allow both generations to live together in a historic landmark now owned by Augustana Care in Hopkins. The home, known as Stepping Stones, will include an older adult. Other residents will be students or young professionals establishing careers in fields such as nursing, social work or spiritual care.

Augustana Care purchased a historic landmark to offer new opportunities for generations to learn about each other by living together.

While students live in apartments at other Augustana Care locations, this program enables younger and older generations to live side by side in one house. Older adults will find assistance with meals and chores and the opportunity to forge new friendships.

“We are repurposing this beautiful home to offer an intergenerational program that adds meaning to the lives of future residents,” says Regional Housing Director Mary Jo Thorne. “If successful, this model can be easily replicated at our other communities—and elsewhere.”

To learn more, call Kelly at 952-697-3877.

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Senior Living

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please contact our communications
and other services in a Christian tradition.
through the provision of health care, housing
for older adults and other people in need
serve God by fostering fullness of life
The mission of Augustana Care is to
at Augustana Chapel View.

What is your objective for the future?
We ultimately want to see zero
possible. We strive to improve the patient
experience and decrease costs.

What more should readers know?
People can call a 24 hour support line with
concerns. The program is free to patients
about to be discharged from rehabilitation

The Ancia Saxophone Quartet will perform at
Augustana Care this year through funding from
the Minnesota State Arts Board.

A Holistic View of Care: New Home Health Division at Grace Hospice

Have you ever had a medical condition and worried about how to manage at home? Grace Hospice was launched by Grace Hospice to provide Medicare-certified, specialized home health care. Director of Home Health KC Ferk will discuss this new program.

The program was launched because Grace Administrator Sarah Van Winkle saw an urgent need for personalized, holistic care in a fragmented health care environment. “Providing hospice teaches us the importance of paying attention to an individual’s life in its entirety,” says Van Winkle. “That’s our objective with home health care.”

“Understanding the complexities people face, we will work to provide solutions,” says Ferk. “Besides providing care, staff will also help patients locate community support, including Meals on Wheels, transportation, maintaining connections with worship communities and more.”

A sustaining partnership adds to the work we’re doing because it is meant to improve the lives of older adults,” Hofmeister adds. “That goal is one we have in common with Augustana Care.”

Minnesota State Arts Board Grant Enriches Residents’ Lives

Art is a vital part of life at Augustana Care, and this year we’ll present programs that capture the imagination as much as they entertain. The Minnesota State Arts Board is funding a series of events at our sites and a partnership with CMH Theatre to create participatory improvisations at Augustana Open Care. Performers include the Ancia Saxophone Quartet, Black Storytellers Alliance, The Ethnic Dance Theatre and guitarist Jeff Lambert. This activity is made possible by the voters of Minnesota through grants from the Minnesota State Arts Board and the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.
Hope Lutheran Volunteers Find Deep Connections with Older Adults

Why is it important for younger and older generations to connect? According to Pastor Josh Bernau at Hope Lutheran Church in Hastings, the best intergenerational connections show us how much we all have in common.

Bernau has been pastor at Hope Lutheran for eight years and created a strong volunteer program at the church, which included his own family. He and his wife have especially loved introducing their young children to older residents and watching the joy both generations feel in each other.

Pastor Bernau’s commitment to Augustana Care stems from a long-standing admiration for older adults. “Their wisdom is huge,” he says. “Older adults bring a deep sense of commitment and faith to the world—and that is to be admired. In fact, there is a lot younger generations can learn from older adults.”

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Art is a vital part of life at Augustana Care. This year we’ll present programs that capture the imaginations as much by the audience as they do by the artists. The Minnesota State Arts Board is funding a series of events at our sites and a partnership with CLIMB Theatre to create participatory improvisations at Augustana Open Circle. Performances include the Ancia Saxophone Quartet, Black Storytellers Alliance, the Ethnic Dance Theatre and guitarist Jeff Lambert.

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The program was launched because Grace Administrator Sarah Van Winkle saw an urgent need for personalized, holistic in a fragmented health care environment. “Providing hospice teaches us the importance of paying attention to an individual’s life in totality,” says Van Winkle. “That’s our objective with home health.”

“Understanding the complexities people face, we will work to provide solutions,” says Ferk. “Throughout providing care, staff will also help patients locate community support, including Meals on Wheels, transportation, maintaining connections with worship communities and more.”

Thor Placzek, Director of Communications, says the project is possible because of the support of The Heritage Foundation.

The mission of Augustana Care is to serve God by fostering fullness of life for older adults and other people in need through the provision of health care, housing and other services in a Christian tradition.

If you have questions or feedback, please contact our communications office at jjzark@augustanacare.org or 612-238-8552.

Creative Director Jeffrey M. Ploock
Director of Communications Sara Zirk
Designer Mark Zickor

Donor Spotlight: Tamarack Habilitation Technologies Becomes Sustaining Partner

Tamarack Habilitation Technologies is known for creating GlideWear. This new technology was created to help alleviate pressure ulcers (also called pressure sores) for patients in hospitals or health care centers.

Tamarack’s partnership with Augustana Care resulted in a pilot study showing successful interventions to improve pressure ulcers. A randomized, controlled clinical trial will now compare GlideWear to other treatments.

Tamarack recently became a new sustaining partner, supporting our Housing and Services Bridge Program. The program offers temporary financial help to residents who need it.

“The Bridge program helps people who could be in danger of losing housing or other services,” says Tamarack CEO Joe Hofmeister. “We want them to have the funds they need.”

“A sustaining partnership adds to the work we’re doing because it is meant to improve the lives of older adults,” Hofmeister adds. “That goal is one we have in common with Augustana Care.”

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Pastor Bernau’s commitment to Augustana Care stems from a long-standing admiration for older adults. “Their wisdom is huge,” he says. “Older adults bring a deep sense of commitment and faith to the world—and that is something younger generations need to learn from older adults.”

The Mission of Augustana Care is to serve God by fostering fullness of life for older adults and other people in need to recover from illnesses or injuries. The program is free to patients who need to recover from illnesses or injuries.

What does Augustana Care bring to the community? The program was launched because Grace Administrator Sarah Van Winkle saw an urgent need for personalized, holistic care in a fragmented health care environment. “Providing hospice teaches us the importance of paying attention to an individual’s life in its entirety,” says Van Winkle. “That’s our objective with home health.”

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The 2016 Augustana Awesome Awards honor the passion of staff, volunteers and partners. Activities Specialist Connie Mitchell received the Excellence in Customer Service Award, Jody Bruss received the Excellence in Volunteerism Award; Augustana Open Circle Manager Patty Crawford received the Excellence in Leadership Award; and the late Dick Hanson received the Founding Fulfillment of Life Award.

The Tim Tucker Spirit of Collaboration Award recognizes excellence in collaborations. This year’s award went to East Side Neighborhood Services’ Thrive On! Project, which created a new curriculum for certified nursing assistants, and Lifesprk, for a visionary approach to preventing rehospitalizations through the Thrive On!@ Home program.

What more should readers know? People can call a 24-hour support line with concerns. The program is free to patients about to be discharged from rehabilitation so people can live their best lives.

The program begins this summer. For more information, contact kcferk@augustanacare.org or 612-383-8807.

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Multi-sensory Room Receives Eureka! Award from Minneapolis/St. Paul Business Journal

According to a study in the New England Journal of Medicine, one in five people aged 65 and older were rehospitalized within 30 days after discharge. One in three were rehospitalized within 90 days. To change these statistics, Augustana Care and Lifesprk partnered to create Thrive On @ Home. Life Care Navigator and Registered Nurse Lyn Lais explains the program.

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Life-changing gifts

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